

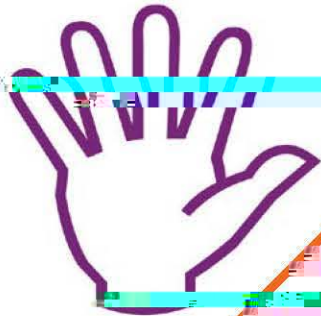
FLU PREVENTION

Get Your Flu Shot

FREE at the Orange Coast College
walk-in clinics (Call 909-564-8448)

Wash
your hands
often

with soap and water
for at least 20 seconds



Cover your
coughs



Stay home
if you are sick

Keep your distance from others (6 feet or more)

Return to school or work
for 24 hours after symptoms
have resolved

For more information visit

www.orangecoast.edu

Student Health Center 714-432-3055

